

SCHEDULING STATUS [S2]

1 NAME OF MEDICINE

NETRIN NS
(50 micrograms (µg)/actuation, Aqueous Nasal Spray)

2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Each metered dose pump actuation of NETRIN NS delivers mometasone furoate (as monohydrate) 50 micrograms (µg)/actuation.

NETRIN NS contains benzalkonium chloride 0,02 % m/m per actuation (as preservative). Sugar free.

For a full list of excipients, see Section 6.1.

3 PHARMACEUTICAL FORM

Aqueous Nasal Spray
White to off-white viscous suspension.

4 CLINICAL PARTICULARS

4.1 Therapeutic indications

NETRIN NS is indicated for use in adults, adolescents and children between the ages of 2 and 11 years to treat the symptoms of seasonal allergic or perennial allergic rhinitis.

In patients who have a history of moderate to severe symptoms seasonal allergic rhinitis, prophylactic treatment with NETRIN NS is recommended prior to the anticipated start of the pollen season.

4.2 Posology and method of administration

Posology

After initial priming of the NETRIN NS pump (usually 10 actuations, until a uniform spray is observed), each actuation delivers approximately 100 mg of mometasone furoate suspension, containing mometasone furoate monohydrate equivalent to 50 µg mometasone furoate.

Adults and adolescents

The usual recommended dose for prophylaxis and treatment is 2 sprays (50 µg/spray) into each nostril once daily (total dose 200 µg). Only symptoms are controlled, dose reduction to 1 spray into each nostril (total dose 100 µg) may be effective in some patients for maintenance.

If symptoms are inadequately controlled, the dose may be increased to a maximum daily dose of 4 sprays into each nostril once daily (total dose 400 µg). Dose reduction is recommended following control of symptoms.

Children between the ages of 2 and 11 years

The usual recommended dose is 1 spray (50 µg/spray) into each nostril once daily (total dose 100 µg). Administration to young children should be aided by an adult.

Paediatric populations

Safety and efficacy have not been established in children younger than 2 years old (see Section 4.3).

Method of administration

Prior to administration of the first dose, shake container well and actuate the pump approximately 10 times (until a uniform spray is obtained). If the pump is not used for 14 days or longer, re-prime the pump with approximately 2 actuations until a uniform spray is observed, before next use. No priming is needed subsequent to the initial priming is required with regular use.

Shake container well before each use. The bottle should be discarded after the labelled number of actuations or within 2 months of first use.

4.3 Contraindications

NETRIN NS is contraindicated in:

- Patients with hypersensitivity to mometasone furoate or to any of the excipients (listed in Section 6.1);
- Pregnancy and lactation (see Section 4.6);
- Children under 2 years. Safety and efficacy have not been established (see Section 4.2).

4.4 Special warnings and precautions for use

Immunosuppression

NETRIN NS should be used with caution, if at all, in patients with active or quiescent tuberculous infections of the respiratory tract, or in untreated fungal, bacterial, or systemic viral infections.

Patients receiving corticosteroids who are potentially immunosuppressed should be warned of the risk of exposure to certain infections (e.g., chickenpox, measles) and of the importance of obtaining medical advice if such exposure occurs.

Nasal inspection before and during use

Patients using NETRIN NS over several months or longer should be examined periodically for possible changes in the nasal mucosa. If localised fungal infection of the nose or pharynx develops, discontinuance of NETRIN NS therapy or appropriate treatment may be required. Persistence of nasopharyngeal irritation may be an indication for discontinuing NETRIN NS.

NETRIN NS should not be used in the presence of an untreated localised infection involving the nasal mucosa.

Due to the inhibitory effect of corticosteroids on wound healing, patients who have experienced recent nasal surgery or trauma should not use NETRIN NS until healing has occurred.

Septum perforation

NETRIN NS is not recommended in case of nasal septum perforation (see Section 4.8).

Epistaxis

Epistaxis may occur and is generally self-limiting and mild in severity (see Section 4.8).

Systemic effects of corticosteroids

Systemic effects of nasal corticosteroids may occur, particularly at high doses prescribed for prolonged periods. These effects are much less likely to occur than with oral corticosteroids and may vary in individual patients and between different corticosteroid preparations. Potential systemic effects may include Cushing's syndrome, Cushingoid features, adrenal suppression, growth retardation in children and adolescents, cataract, glaucoma and more rarely, a range of psychological or behavioural effects including psychomotor hyperactivity, sleep disorders, anxiety, depression or aggression (particularly in children).

Instances of increased intraocular pressure may occur following the use of intranasal corticosteroids (see Section 4.8).

Visual disturbance may be reported with systemic and topical (including, intranasal, inhaled and intraocular)corticosteroid use. If a patient presents with symptoms such as blurred vision or other visual disturbances, the patient should be considered for referral to an ophthalmologist for evaluation of possible causes of visual disturbances which may include cataract, glaucoma or rare diseases such as central serous chorioretinopathy (CSCR) which have been reported after use of systemic and topical corticosteroids.

Patients who are transferred from long-term administration of systemically active corticosteroids to NETRIN NS require careful attention. Systemic corticosteroid withdrawal in such patients may result in adrenal insufficiency for a number of months until recovery of HPA axis function. If these patients exhibit signs and symptoms of adrenal insufficiency or symptoms of withdrawal (e.g., joint and/or muscular pain, lassitude, and depression initially) despite relief from nasal symptoms, systemic corticosteroid administration should be resumed, and other modes of therapy and appropriate measures instituted. Such transfer may also unmask pre-existing allergic conditions, such as allergic conjunctivitis and eczema, previously suppressed by systemic corticosteroid therapy.

Treatment with higher than recommended doses may result in clinically significant adrenal suppression. If there is evidence for higher than recommended doses being used, then additional systemic corticosteroid cover should be considered during periods of stress or elective surgery.

Non-nasal symptoms

Although NETRIN NS will control the nasal symptoms in most patients, the concomitant use of appropriate additional therapy may provide additional relief of other symptoms, particularly ocular symptoms.

Paediatric population

It is recommended that the height of children receiving prolonged treatment with nasal corticosteroids is regularly monitored. If growth is slowed, therapy should be reviewed with the aim of reducing the dose of nasal corticosteroid if possible, to the lowest dose at which effective control of symptoms is maintained. In addition, consideration should be given to referring the patient to a paediatric specialist.

Excipients

NETRIN NS contains benzalkonium chloride which may cause nasal irritation.

4.5 Interaction with other medicines and other forms of interaction

Mometasone furoate has been administered concomitantly with loratadine with no apparent effect on plasma concentrations of loratadine or its major metabolite. Mometasone furoate plasma concentrations were not detectable.

Mometasone furoate is metabolised by CYP3A4.

Co-treatment with strong CYP3A inhibitors (e.g., ketoconazole, itraconazole, clarithromycin, ritonavir, cobicistat-containing medicines) may lead to increased plasma concentrations of corticosteroids and potentially increase the risk of systemic side-effects. The combination should be avoided unless the benefit outweighs the increased risk of systemic corticosteroid side-effects, in which case patients should be monitored for systemic corticosteroid side-effects.

4.6 Fertility, pregnancy and lactation

Safety during pregnancy and lactation has not been established (see Section 4.3).

Pregnancy

Animal studies have shown reproductive toxicity. NETRIN NS is contraindicated in pregnancy (see Section 4.3).

Lactation

It is unknown whether mometasone furoate is excreted in human milk. NETRIN NS is contraindicated during lactation (see Section 4.3).

Fertility

There are no clinical data concerning the effects of mometasone furoate on fertility. Animal studies have shown reproductive toxicity, but no effects on fertility.

4.7 Effects on ability to drive and use machines

Dizziness may occur following administration of NETRIN NS, which may affect the ability to drive and use machines (see Section 4.8).

4.8 Undesirable effects

a. Tabulated summary of adverse reactions

| System Organ Class | Frequency | Undesirable effect |
|---|--------------------------|--|
| Infections and infestations | <i>Frequent</i> | Pharyngitis, upper respiratory infections. |
| | <i>Frequency unknown</i> | Rhinitis, sinusitis. |
| Immune system disorders | <i>Less frequent</i> | Hypersensitivity including allergic reactions, angioedema, bronchospasm and dyspnoea. |
| Nervous system disorders | <i>Frequent</i> | Headache. |
| Eye disorders | <i>Frequency unknown</i> | Glaucoma, increased intraocular pressure, cataracts, blurred vision, conjunctivitis, dry eyes. |
| Respiratory, thoracic and mediastinal disorders | <i>Frequent</i> | Epistaxis, nasal burning, nasal irritation, nasal ulceration, sneezing. |
| | <i>Less frequent</i> | Nasal septum perforation, coughing, rhinorrhoea. |
| Gastrointestinal disorders | <i>Frequent</i> | Throat irritation. |
| | <i>Less Frequent</i> | Taste and smell disturbances, nausea. |
| General disorders and administrative disorders | <i>Frequency unknown</i> | Dizziness. |
| Skin and subcutaneous tissue disorders | <i>Frequency unknown</i> | Skin rash. |

b. Paediatric populations

In paediatric populations, the following incidences of adverse events may occur, e.g., epistaxis, headache, nasal irritation and sneezing.

c. Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicine is important. It allows continued monitoring of the benefit/risk balance of the medicine. Health care providers are asked to report any suspected adverse reactions to SAHPRA via the "6.04 Adverse Drug Reactions Reporting Form", found online under SAHPRA's publications: <https://www.sahpra.org.za/Publications/Index/8>

4.9 Overdose

Inhalation or oral administration of excessive doses of corticosteroids may lead to suppression of HPA axis function. Systemic bioavailability of NETRIN NS is less than 0,1 %. Overdosage with NETRIN NS is therefore unlikely to require any therapy other than observation, followed by initiation of the appropriate prescribed dosage.

5 PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

A. 21.5.1 Corticosteroids and analogues
Pharmaco-therapeutic Group: Decongestants and other nasal preparations for topical use corticosteroids
ATC Code: R01AD09

Mechanism of action

Mometasone furoate is a topical glucocorticosteroid with local anti-inflammatory properties.

5.2 Pharmacokinetic properties

Absorption

Mometasone furoate, administered as an aqueous nasal spray, has a systemic bioavailability of < 1 % in plasma, using a sensitive assay with a lower quantitation limit of 0,25 pg/ml.

Distribution

Mometasone furoate is poorly absorbed via the nasal route.

Biotransformation

The small amount that may be swallowed and absorbed undergoes extensive first-pass hepatic metabolism.

Elimination

Absorbed mometasone furoate is extensively metabolized and the metabolites are excreted in urine and bile.

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Benzalkonium chloride (preservative)
Glycerol
Polysorbate 80
Dispersible cellulose (microcrystalline cellulose and carmellose sodium)
Citric acid monohydrate
Sodium citrate
Purified water

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

2 years
Use within 2 months of first use.

6.4 Special precautions for storage

Store at or below 25 °C.

6.5 Nature and contents of container

NETRIN NS is contained in a white, high density polyethylene bottle, that contains 10 g (60 actuations), 16 g (120 actuations) or 18 g (140 actuations) of product formulation, supplied with a metering pump and on which a nasal applicator with cap is fitted.
Pack sizes: 10 g (60 actuations)
16 g (120 actuations)
18 g (140 actuations)

Not all pack sizes may be marketed.

6.6 Special precautions for disposal and other handling

Any unused medicinal product or waste material should be disposed of in accordance with local requirements.

7 HOLDERS OF CERTIFICATE OF REGISTRATION

Trinity Pharma (Pty) Ltd.
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8 REGISTRATION NUMBER(S)

50/21.5.1/0291

9 DATE OF FIRST AUTHORISATION / RENEWAL OF THE AUTHORISATION

06 July 2022

10 DATE OF REVISION OF THE TEXT

N.A

SKEDULERINGSTATUS [S2]

1 NAAM VAN DIE GENEESMIDDEL

NETRIN NS
(50 mikrogram (µg)/spuit, Waterige Neussproei)

2 KWALITATIEWE EN KWANTITATIEWE SAMESTELLING

Elke afgemete spuit wat deur die atomiseerpomp van NETRIN NS vrygestel word, lewer 50 mikrogram (µg)/spuit mometasoonfuroaat (as monohidraat).

NETRIN NS bevat bensalkoniumchloried 0,02 % m/m per afgemete spuit (as preserveermiddel). Suikervry.

Vir 'n volledige lys van hulpstowwe, sien Afdeling 6.1.

3 FARMASEUTIESE DOSEERVORM

Waterige Neussproei
Wit tot naaswit viskose suspensie.

4 KLINIIESE BESONDERHEDE

4.1 Terapeutiese indikasies

NETRIN NS word aangedui vir die behandeling van simptome van seisoenale allergiese rinitis of aanhoudende allergiese rinitis in volwassenes, adolessente en kinders tussen die ouderdom van 2 en 11 jaar.

Voorkomende behandeling met NETRIN NS word aanbeveel voordat die stuifmeeiseisoen begin in pasiënte met 'n geskiedenis van matige tot ernstige simptome van seisoenale allergiese rinitis.

4.2 Dosing en metode van toediening

Dosering

Na die aanvanklike aktivering van die NETRIN NS-sputpomp (gewoonlik 10 spuite totdat 'n eenvormige sproei waargeneem word), lewer NETRIN NS ongeveer 100 mg mometasoonfuroaatsuspensie, wat mometasoonfuroaat monohidraat bevat wat gelykstaande is aan 50 µg mometasoonfuroaat.

Volwassenes en adolessente

Die normale aanbevole dosis vir profylakse en behandeling, is 2 spuite (50 µg/sput) een keer per dag in elke neusgat (totale dosis is 200 µg). Sodra die simptome onder beheer is, kan die dosis verminder word tot slegs 1 spuit in elke neusgat (totale dosis 100 µg) en behoort effektief te wees om simptome te beheer.

Indien simptome onvoldoende beheer word, kan die dosis verhoog word tot 'n maksimum daaglikse dosis van 4 spuite in elke neusgat een keer per dag (totale dosis 400 µg). Dosisvermindering word aanbeveel sodra die simptome onder beheer is.

Kinders tussen die ouderdom van 2 en 11 jaar

Die normale aanbevole dosis is een spuit een keer per dag (50 µg/sput) in elke neusgat (totale dosis 100 µg). Toediening aan jong kinders moet deur 'n volwassene geassisteer word.

Pediatriese populasie

Veiligheid en doeltreffendheid is nie bevestig in kinders jonger as 2 jaar oud nie (sien Afdeling 4.3).

Metode van toediening

Skud die houer goed voor gebruik en aktiveer die spuitpomp deur ongeveer 10 keer in die lug te spuit totdat 'n eenvormige sproei verkry word. Indien die neussproei nie in 14 dae of langer gebruik word nie, moet u die spuitpomp weer aktiveer deur ongeveer 2 spuite in die lug te spuit totdat u weer 'n eenvormige sproei waarneem. Geen spuitpompektivering is nodig indien u die neussproei daaglik gebruik nie.

Skud die houer goed voor elke gebruik. Die neussproei moet weggegooi word nadat die totale aantal gemerkte dosisse opgebruik is of binne twee maande nadat u die eerste keer die neussproei begin gebruik het.

4.3 Kontra-indikasies

NETRIN NS is teenaangedui in:

- Pasiënte met hipersensitiwiteit teenoor mometasoonfuroaat of vir enige van die hulpstowwe gelys in Afdeling 6.1;
- Swangerskap en laktasie (sien Afdeling 4.6)
- Kinders jonger as 2 jaar. Veiligheid en doeltreffendheid is nie vasgestel nie (sien Afdeling 4.2).

4.4 Spesiale waarskuings en voorsorgmaatreëls vir gebruik

Immuonderdrukking

NETRIN NS moet met oorsig gebruik word, indien enigiens, in pasiënte met aktiewe of latente tuberkulêre infeksies in die lugwee asook in pasiënte met onbehandelde swam-, bakteriële- of sistemiese virale infeksies.

Pasiënte met moontlike immuonderdrukking wat kortikosteroides ontvang, moet gewaarsku word van die risiko ten opsigte van die blootstelling aan sekere infeksies (bv. waterpokkies, maseles) en dat dit belangrik is om mediese advies in te win indien sodanige infeksies voorkom.

Neusinspekte voor en tydens gebruik

Pasiënte wat NETRIN NS oor 'n paar maande of langer gebruik, moet gereeld ondersoek word vir moontlike veranderinge in die neusslymvlies. Indien 'n gelokaliseerde swaminfeksie in die neus of farinks ontstaan, kan dit oorweeg word om behandeling met NETRIN NS te staak of topiese behandeling te oorweeg. Aanhoudende nasofaringeale irritasie kan 'n aanduiding wees dat NETRIN NS-behandeling eerder gestaak moet word.

NETRIN NS moet nie gebruik word in die teenwoordigheid van 'n onbehandelde gelokaliseerde infeksie nie, wat die neusslymvlies insluit.

As gevolg van die inhiberende effek van kortikosteroides op wondgenesing, moet pasiënte wat onlangs 'n neusoperasie of trauma ervaar het, nie NETRIN NS gebruik, alvorens volledige genesing plaasgevind het nie.

Septumperforasie

NETRIN NS word nie aanbeveel vir gebruik in die geval van perforasie van die neusseptum nie (sien Afdeling 4.8).

Epistaksis

Epistaksis kan voorkom en is oor die algemeen selfbeperkend en nie ernstig nie (sien Afdeling 4.8).

Sistemiese effekte van kortikosteroides

Sistemiese effekte tydens die gebruik van nasale kortikosteroides kan voorkom, veral wanneer hoë dosisse vir 'n lang tydperk voorgeskryf word. Hierdie effekte kom gewoonlik baie minder voor as by die van orale kortikosteroides en kan wissel tussen pasiënte en verskillende kortikosteroidpreparate. Potensiese sistemiese effekte kan die volgende insluit: Cushing-sindroom, Cushing-sindroomse toestand, sênsentrale serose chorioretinopatie (CSCR) kan insluit. Hierdie toestande moet gerapporteer word indien dit ontwikkel tydens die gebruik van sistemiese en topikale kortikosteroides.

Pasiënte moet deurloopend gemonitor word indien hul behandeling verander word vanaf langdurige toediening van sistemiese kortikosteroides na NETRIN NS. Sistemiese onttrekking van kortikosteroides in hierdie pasiënte kan tot bymieronderdrukking lei wat kan strek oor 'n tydperk van 'n aantal maande voordat die HPA-asfunksie ten volle herstel het. Indien hierdie pasiënte tekens en simptome van adrenele ontoereikendheid of onttrekkingsimptome toon (bv. gewig- en/of spierpyn, gebrek aan energie en depressie), ten spyte van die verligting van neussimptome, moet die toediening van sistemiese kortikosteroides hervat word en ander behandelingsmetodes en gepaste maatreëls ingestel word. Sodanige verandering in behandeling kan ook bestaande allergiese toestande, soos allergiese konjunktivitis en ekseem, voortaan onderdruk deur sistemiese kortikosteroidetrasie, ontmasker.

Behandeling met 'n hoër as die aanbevole dosis van NETRIN NS kan lei tot kliniese-bedeuidende onderdrukking van die bynier. Indien daar die nodige bewyse is dat 'n hoër dosis noodsaaklik is, moet addisionele sistemiese kortikosteroidetrasie behandelings gedurende periodes van spanning of elektiewe chirurgiese prosedures.

Nie-nasale simptome

Alhoewel NETRIN NS nasale simptome in meeste pasiënte beheer, kan die gepaardgaande gebruik van toepaslike addisionele terapie, verligting van ander simptome bied, veral oogsimptome.

Pediatriese populasie

Dit word aanbeveel dat die lengte van kinders gereeld gemonitor word tydens langdurige gebruik van nasale kortikosteroides. Indien groei vertraag word, moet die terapie hersien word met die doel om die dosis van die nasale kortikosteroid te verminder, indien moontlik, tot die laagste dosis waarop simptome effektief beheer kan word. Daarbenewens moet die pasiënt na 'n pediatriese spesialis verwys word.

Hulpstowwe

NETRIN NS bevat bensalkoniumchloried wat nasale irritasie kan veroorsaak.

4.5 Interaksie met ander medisyne en ander vorme van interaksies

Mometasoonfuroaat is gelyktydig saam met loratadine toegedien in 'n studie om plasmakonsentrasies van loratadine en sy belangrikste metaboliete te bestudeer. Plasmakonsentrasies van mometasoonfuroaat was egter nie waarneembaar nie.

Mometasoonfuroaat word deur CYP3A4 gemetaboliseer.

Gelyktydige behandeling met sterk CYP3A-remmers (bv. ketoconasol, itraconasol, klaritromisien, ritonavir, medisyne wat kobisistaat bevat) kan lei tot verhoogde plasmakonsentrasies van kortikosteroides en kan die risiko van sistemiese newe-effekte verhoog. Hierdie kombinasies moet vermy word, tensy die voordeel teenoor die verhoogde risiko van sistemiese newe-effekte geragverdig. In welke geval moet pasiënte gereeld gemonitor word vir sistemiese newe-effekte van kortikosteroides.

4.6 Vrugbaarheid, swangerskap en laktasie

Veiligheid gedurende swangerskap en laktasie is nog nie vasgestel nie (sien Afdeling 4.3).

Swangerskap

Dierestudies het reproduksietoksiteit getoon. NETRIN NS is teenaangedui gedurende swangerskap (sien Afdeling 4.3).

Laktasie

Dit is onbekend of mometasoonfuroaat in menslike borsmelk uitgeskei word. NETRIN NS is teenaangedui tydens borsvoeding (sien Afdeling 4.3).

Vrugbaarheid

Dat is geen kliniese data rakende die effekte van mometasoonfuroaat op vrugbaarheid nie. Dierestudies het reproduksietoksiteit getoon, maar geen effek op vrugbaarheid nie.

4.7 Effekte op die vermoë om te bestuur en masjiene te gebruik

Duiseligheid kan voorkom na die toediening van NETRIN NS, wat die vermoë om te bestuur en masjiene te gebruik kan beïnvloed (sien Afdeling 4.8).

4.8 Ongewenste effekte

a. Opsomming van newe-effekte in tabelvorm

| Orgaanstelsel | Frekwensie | Ongewenste effek |
|--|----------------------------|---|
| Infeksies en besmettings | <i>Gereeld</i> | Faringitis, infeksies in die boonste lugwee. |
| | <i>Frekwensie onbekend</i> | Rinitis, sinusitis. |
| Immuunstelselafwykings | <i>Minder gereeld</i> | Hipersensitiwiteit insluitend allergiese reaksies, angio-edeem, bronchospasme en dispnee. |
| Senueweestelselafwykings | <i>Gereeld</i> | Hoofpyn. |
| Oogafwykings | <i>Frekwensie onbekend</i> | Gloukoom, verhoogde intra-okuêre druk, katarakte, dowwe sig, konjunktivitis, droë oë. |
| Asemhalings-, borskas- en mediastinumafwykings | <i>Gereeld</i> | Epistaksis, brandgevoel in nasale weë, nasale irritasie, nasale ulserasie, nie. |
| | <i>Minder gereeld</i> | Nasale septumperforasie, hoës, rinorree. |
| Gastro-intestinale afwykings | <i>Gereeld</i> | Keelirritasie. |
| | <i>Minder gereeld</i> | Smaak en reukversteurings, naarheid |